# MAYO CLINIC

## Beyond Maximum Grade: Modernizing the Assessment and Reporting of Adverse Events The Lancet Haematology Commission

NCI Clinical Trials and Translational Research Advisory Committee (CTAC) Meeting July 11, 2018

#### Gita Thanarajasingam, MD

Assistant Professor of Medicine Senior Associate Consultant Division of Hematology Mayo Clinic Rochester, MN

#### DISCLOSURE

#### Relevant Financial Relationship(s)

None

Off Label Usage

None



### Objectives

- Discuss why traditional approaches to reporting and analyzing adverse events (AEs) are inadequate in the era of modern therapeutics for hematologic malignancies
- Briefly introduce a complementary approaches to adverse event analysis that captures AE time frame and chronic, low grade events
- Define priority areas and tangible solutions for improving AE assessment across the hematologic malignancies as identified by an international commission and recently published in The Lancet Haematology



## Evolution of therapy of hematologic malignancies

# Lymphoma as an exemplar of changing treatment paradigms in hematologic malignancies





Thanarajasingam G, Lancet Haematol, 2018

## Current AE reporting for hematology therapies is incomplete

- Does not account for <u>time profile</u> of AEs
  - When will they arise?
  - How long will they last?
  - When will they be the worst?
- Does not capture the impact of chronic, low grade toxicity on the ability to continue treatment
- Does not incorporate patientreported outcomes (PRO)

Panel 1: Definitions of toxicity relative to drug exposure, by drug category

#### Acute effects

Develop within a short and defined timeframe; can be transient or reversible or persistent.

#### Chronic effects

Develop over time to be a persistent and unremitting, or intermittent and recurring, series of events, extending past a defined interval such as the first cycle of therapy.

#### Cumulative effects

Develop and increase with repeated exposures to drug (progressive over time).

#### Late effects

Result in subclinical or asymptomatic physiological changes that do not result in immediate, intermittent, or short-term adverse clinical events, but rather are manifest over an extended timeframe.

> Thanarajasingam G. J Natl Cancer Inst 2015. 107(10) Basch E. N Engl J Med 2013; 369;5:397-400 Carrabou M. Ann Oncol 2016; 27(8)1633-8. Thanarajasingam G, Lancet Haematol, 2018



# Safety, tolerability and the patient experience of AEs in the current landscape of hematology therapies





Slide courtesy of Lori Minasian, MD

# Shortcomings of traditional "maximum grade" reporting: chronic low grade AEs

Gastrointestinal disorders					
	Grade				
Adverse Event	1	2	3	4	5
Diarrhea	Increase of <4 stools per day over baseline; mild increase in ostomy output compared to baseline	Increase of 4 - 6 stools per day over baseline; moderate increase in ostomy output compared to baseline	Increase of >=7 stools per day over baseline; incontinence; hospitalization indicated; severe increase in ostomy output compared to baseline; limiting self care ADL	Life-threatening consequences; urgent intervention indicated	Death
Definition: A disorder character	ized by frequent and watery bow	/el movements.			

Table 4. Adverse Events Deemed Related to Panobinostat (≥ 10% any grade)As of June 11, 2010					
	Any Grade		Grade 3 to 4		
Adverse Event	No.	%	No.	%	
Thrombocytopenia	110	85	102	79	
Diarrhea	85	66	4	3	
Nausea	77	60	1	1	
Anemia	49	38	27	21	
Fatigue	49	38	12	9	

MAYO CLINIC

Table 2. Adverse Events during Treatment.*			low g	ade
Event or Abnormality	Any	Grade no. (%)	diarrh ≥3	ea?
Diarrhea	54 (43)		16 (13)	
Nausea	37 (30)		2 (2)	
Fatigue	37 (30)		2 (2)	
Cough	36 (29)		0	

National Cancer Institute. CTCAE v.5.0. Bethesda, MD: US. Department of Health and Human Services; 2009 Younes et al. J Clin Oncol 2012;30:2197-203

Gopal et al. N Engl J Med 2014; 370;11:1008-18.

Chronic

## Shortcomings of traditional "maximum grade" reporting: lack of time profile of AEs

Two grade 3+ AEs with similar incidence (maximum grade reporting)

Grade 3 or higher	Carfilzomib + dex (n=463)	Bortezomib + dex (n=456)
Dyspnea	25 <b>(5%)</b>	10 (2%)
Peripheral neuropathy	6 (1%)	24 (5%)

Conceptual patient AE experience: which is more burdensome?





# Shortcomings of traditional "maximum grade" reporting: lack of time profile of AEs

Two oral agents that produce a similar AE Hand-foot syndrome (capecitabine)



Hand-foot skin reaction (regorafenib)



Clinical experience of time of AE occurrence: ramifications on AE intervention?





## Improving AE analysis: longitudinal analysis Toxicity over Time (ToxT) approach







টা



Thanarajasingam G. Lancet Oncol. 2016; 17:663-70

# Application in hematology: neutropenia over time on lenalidomide (in CALGB/Alliance 50401)





Thanarajasingam G, Hematological Oncology 2017, 35: 213–215 (abstr)

©2017 MFMER | slide-11

## The NCI Web Reporting Tool

- Displays grade and frequency of one AE in patients from five clinical trials of the combination of two novel agents
- Time-dependent graphical representation
- Aggregate analyses (multiple trials)
- Also represents number at risk (captures patient attrition)

MAYO CLINIC

ወወ



### Improving AE analysis is only the tip of the iceberg





### Commission on Improving AE Assessment in Haematology

- International collaboration of 40 clinicians, clinical investigators, patient advocates, regulators and biostatisticians to address multi-faceted challenges to AE assessment in haematologic malignancies
- Includes authors from Europe, North America, Asia and Australia
- Individuals representing NCI, US cooperative groups, EORTC, global regulatory agencies (EMA, FDA, PMDA, TGA) involved, among others
- Produced a "call to action" paper with tangible targets and timelines for improvement
- Most issues applicable to all tumor types (not just hematology)



# Beyond maximum grade: modernising the assessment and reporting of adverse events in haematological malignancies

Gita Thanarajasingam, Lori M Minasian, Frederic Baron, Franco Cavalli, R Angelo De Claro, Amylou C Dueck, Tarec C El-Galaly, Neil Everest, Jan Geissler, Christian Gisselbrecht, John Gribben, Mary Horowitz, S Percy Ivy, Caron A Jacobson, Armand Keating, Paul G Kluetz, Aviva Krauss, Yok Lam Kwong, Richard F Little, Francois-Xavier Mahon, Matthew J Matasar, María-Victoria Mateos, Kristen McCullough, Robert S Miller, Mohamad Mohty, Philippe Moreau, Lindsay M Morton, Sumimasa Nagai, Simon Rule, Jeff Sloan, Pieter Sonneveld, Carrie A Thompson, Kyriaki Tzoqani, Flora E van Leeuwen, Galina Velikova, Dieqo Villa, John R Wingard, Sophie Wintrich, John F Seymour, Thomas M Habermann

• Published June 12, 2018

MAYO CLINIC

ᠯᠮ

- Launched with oral presentation sessions at the European Hematology Association Meeting 2018 and at the Karolinska Institute
- Four NCI authors: Lori Minasian MD, Richard F. Little MD, S. Percy Ivy MD, Lindsay M. Morton PhD

#### **Commission Sections**

- Current processes in adverse event assessment: strengths & shortcomings
- Incorporation of PROs in the assessment of adverse events
- Special issues of toxicity from hematopoietic stem cell transplant (HSCT)
- Survivorship and long-term toxicity in hematologic malignancies
- Adverse events in haematologic malignancies and regulatory approval
- Toxicity reporting in hematologic malignancies in the real world setting



#### **Priority issues**

Chronic, delayed and cumulative AEs are not well captured, leading to incomplete and potentially inaccurate toxicity assessment

PROs are not a standard part of toxicity assessment and therefore tolerability from the patient perspective is not assessed

Cumbersome reporting of the myriad of expected adverse events in the HSCT setting is a barrier to performing clinical trials Priorities for improving AE assessment in haematologic malignancies

The description and management of **cumulative and late toxicities in survivors of haematologic** malignancy is inconsistent, inadequate or absent Toxicities affecting patients in routine clinical practice are difficult to capture and analyze on a large scale

Meaningful adverse events are often underreported to regulatory agencies, while reporting of uninformative AEs might obscure true safety signals



#### Challenges in AE analysis: proposed solutions

**Priority issue** 

Chronic, delayed and cumulative adverse events are not well described

#### Immediate-action solutions (1-5 years)

• Phase 1 trials with longer dose-limiting toxicity (DLT) evaluation periods



- Adaptive designs that span phase I/II
- Development of longitudinal methods for analysis of adverse events



### Inclusion of PROs: proposed solutions

**Priority issue** 

PROs are not a standard part of toxicity assessment

- Hypothesis-driven PROs in more trials
- Increasing use of PRO-CTCAE and other tools for capturing symptomatic AEs from patients
- Electronic capture of PROs



#### AEs in HSCT: proposed solutions

**Priority issue** 

Cumbersome reporting of "expected" AEs in HSCT trials

- Achieve consensus on "expected" AEs from registry data
- Develop targeted approaches that focus on unique, potentially relevant, or unexpected AEs including drug interactions and neurocognitive effects



#### Toxicity assessment in survivors: proposed solutions

**Priority issue** 

Description of cumulative and late toxicities in survivors is inconsistent, inadequate or absent

- Develop infrastructure to collect data for adult survivors (ex. longitudinal patient cohorts)
- Standardize the use and content of survivorship care plans



#### Regulatory challenges: proposed solutions

**Priority issue** 

Meaningful AEs are underreported, while reporting of uninformative AEs obscures safety signals

- Electronic submission of simplified adverse event reports
- Better systems for collection and analysis of data obtained from the trial, postmarketing or non-trial setting



#### Real world toxicity evaluation: proposed solutions

**Priority issue** 

Toxicities affecting patients in routine clinical practice are difficult to evaluate on a large scale

- Optimize systematic, objective collection of toxicity data in databases
  - Explore real world toxicities using large database systems and real-time analyses from tools such (ex. CancerLinQ)



### A start to addressing challenges of toxicity assessment

- Will require ongoing global collaboration amongst all stakeholders to drive meaningful change
  - Patient, clinician, clinical investigator, NCI, regulatory agency, cooperative group, and industry input (among others) invaluable
- Ties in well with ongoing NCI activities
- NCI has led the development and use of CTCAE, and is an important stakeholder in going beyond maximum grade

#### THE LANCET Haematology

Beyond maximum grade: modernising the assessment and reporting of adverse events in haematological malignancies



"Survival in many haematological malignancies is historically unparalleled...toxicity assessment [though]... must be prioritised to...enhance accurate, comprehensive, patient-centred...reporting that will meaningfully inform the care of patients."

A Commission by The Lancet Haematology

MAYO CLINIC

#### Conclusions

- The conventional "maximum grade" approach to reporting and analyzing adverse events (AEs) is insufficient in the modern treatment landscape of most cancers
- Novel longitudinal approaches may be able to portray additional complementary information on AE time frame and chronic, low grade events that are relevant to tolerability
- As part of a global initiative, we have defined priority areas for improving AE assessment and proposed future directions for improvement across the spectrum of malignancies



## Acknowledgements

- Dr. Lori Minasian, Dr. S. Percy Ivy and Dr. Richard F. Little (National Cancer Institute)
- Dr. Thomas Habermann (Mayo Clinic Rochester)
- Dr. Amylou Dueck (Mayo Clinic Scottsdale)
- Mayo Clinic Lymphoma Disease-Oriented Group
- Mayo Clinic Lymphoma SPORE
- Lymphoma Research Foundation
- Eagles 5<sup>th</sup> District Cancer Telethon Fund
- ToxT Team (Biostatistics, Mayo Clinic): Jeff A. Sloan PhD, Paul Novotny MS, Pamela Atherton MS, Angelina Tan
- Dr. Marivi Mateos and Dr. John Gribben (EHA)
- Dr. Karin Ekstrom-Smedby (Karolinska Institute)

- Commission Section Leads
  - Philippe Moreau, MD (University of Nantes, France)
  - S. Percy Ivy, MD (National Cancer Institute, USA)
  - Lori Minasian, MD (National Cancer Institute, USA)
  - Armand Keating, MD (Princess Margaret Hospital, Canada)
  - Carrie Thompson, MD (Mayo Clinic Rochester, USA)
  - Aviva Krauss, MD (FDA, USA)
  - Tarec El-Galaly, MD (University of Aalborg, Denmark)

#### Commission co-authors

Frederic Baron MD, Franco Cavalli MD, R Angelo De Claro MD, Neil Everest MBBS, Jan Geissler MBA, Christian Gisselbrecht MD, Mary Horowitz MD, Caron Jacobson MD, Paul G Kluetz MD, Yok Lam Kwong MD, Richard F Little MD, Francois-Xavier Mahon MD, Matthew Matasar MD, Kristen McCullough PharmD, Robert S Miller MD, Mohamad Mohty MD, Philippe Moreau MD, Lindsay M Morton PhD, Sumimasa Nagai, MD, Simon Rule MBBS, Kyriaki Tzogani MSc, Flora E. van Leeuwen PhD, Galina Velikova PhD, Diego Villa MD, John R Wingard MD, Sophie Wintrich

• The Lancet Haematology



#### Patient advocates, patients & their families

#### Supplementary slides

- The following slides summarize the priority issues, immediate action solutions and longer term solutions from The Lancet Haematology Commission "Beyond Maximum Grade: Modernising the assessment and reporting of adverse events in haematological malignancies"
- This information is detailed further in the Commission publication (Thanarajasingam G, Lancet Haematol 2018) in Table 6 (page 36)



### The problem in AE analysis and proposed solutions

#### **Priority issue**

Chronic, delayed and cumulative adverse events are not well described, leading to incomplete and potentially inaccurate toxicity assessment



## Immediate-action solutions (1-5 years)

- Design phase 1 trials with longer dose-limiting toxicity evaluation periods and increase use of adaptive designs that span phase I/II
- Continue to develop, disseminate, validate and apply longitudinal methods for analysis of adverse events

#### Long-term solutions (5+ years)

- Establish consensus on the best metrics and representations of timedependent AE data
- Standardize and require use of these metrics and displays in publications and drug labels



## Including PROs and proposed solutions

#### **Priority issue**

PROs are not a standard part of toxicity assessment and therefore tolerability of therapies for hematological malignancies from the perspective of the patient is not addressed

## Immediate-action solutions (1-5 years)

- Include hypothesisdriven PROs in more hematology trials
- Increase use of PRO-CTCAE and other tools for capturing symptomatic AEs to better inform tolerability assessment of novel drugs
- Facilitate electronic capture of PROs

#### Long-term solutions (5+ years)

- Identify consensus analytic approaches to convey longitudinal PRO adverse event data
- Complement cliniciangraded CTCAE with patientreported symptomatic AE data
- Standardize these approaches to the analysis of PROs across cancer trials internationally



## Priorities in improving AE evaluation in HSCT

#### **Priority issue**

Cumbersome reporting of the myriad of expected adverse events in the HSCT setting is a barrier to performing clinical trials

## *Immediate-action solutions* (1-5 years)

- Develop consensus on "expected" AEs after HSCT based on registry data
- Define streamlined approaches to capture and analysis of these AEs, with hematologist and transplant input
- Include regulators and industry partners engaged in the conduct of BMT trials in evaluating this system

#### Long-term solutions (5+ years)

 Develop automated approaches that can recognize data routine captured in medical record as expected toxicity data after HSCT, and also highlight provider attention to unexpected, unique, and potentially relevant AEs



## Priorities in toxicity evaluation in survivors

#### **Priority issue**

The description and management of cumulative and late toxicities in survivors of haematological malignancies is inconsistent, inadequate or absent



- Develop and support infrastructure to collect data for adult survivors (ex. longitudinal patient cohorts)
- Standardize the use and content of survivorship care plans

#### Long-term solutions (5+ years)

- Link PRO, delayed, or long term complications of hematological malignancies and a patient's baseline treatment in electronic medical records
- Increase availability of survivorship clinics



## Regulatory challenges and proposed solutions

#### **Priority issue**

Meaningful AEs are often underreported to regulatory agencies, while reporting of uninformative AEs might obscure true safety signals

## Immediate-action solutions (1-5 years)

- Simplify and make electronic the submission of all adverse event reports
- Develop better systems for collection and analysis of data obtained from the trial, postmarketing or non-trial setting

# Long-term solutions (5+ years)

- Attain international regulatory consensus on reduction of uninformative adverse event reports to prioritize relevant toxicity data
- Incorporate patient experience from trial and non-trial data, including real-world evidence, to inform both the pre-marking and post-marketing safety evaluation



## Priorities in toxicity evaluation in real world patients

#### **Priority issue**

Toxicities affecting patients with hematological malignancies in routine clinical practice are difficult to capture and analyze on a large scale

## Immediate-action solutions (1-5 years)

- Optimize systematic, objective collection of toxicity data in real world databases
- Explore real world toxicities in large groups of patients using large database systems and real-time analyses from tools such as CancerLinQ

#### Long-term solutions (5+ years)

- Develop electronic health record systems that reliably capture relevant AE (both provider- and PRO) in off study patients with haematologic malignancies
- Leverage these systems to guide AE management and symptom control

